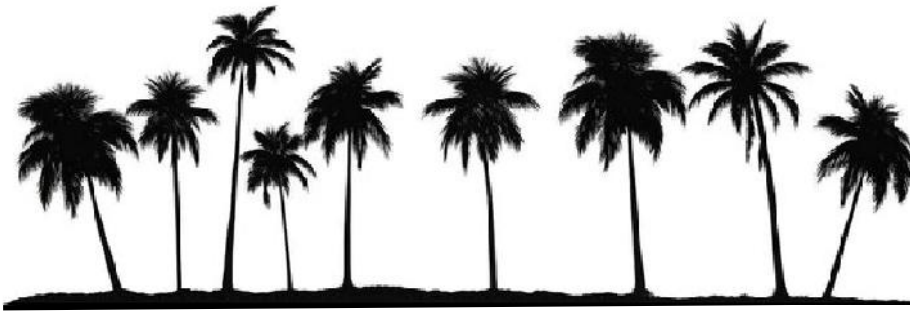


Palm Reader



The President's Address

Adie Booth is our new president.

Thank you for electing me to be this year's president. The first thing I want to say is thank you Debbie, last year's president, for all the work she has put into the club, and working so hard to support her charity - Sophie's Legacy. I would also like to thank Maureen, my vice president, for her support to Debbie and Myself, and I hope for her continued support this coming year.



My charity, which I hope you will support, is Two Saints - a local charity helping homeless people to get Housing. They support people between the ages of 16-65, and need food, toiletries, Underwear, socks, and much more. I will put the collection box at the club, and hope you will continue to be generous. There will be a collection tin for any loose change and, hopefully, a donation for your odd wrong bias.

I hope you will all continue to support the friendlies, which are good fun and very social and all levels of bowler are very welcome. There will still be top rink prizes and also a prize for the best overall lady and man during the season so the more you play the bigger the chance to win this.



Two Saints

The President's charity for this year, supports homeless people across the region.

Two Saints was originally formed in April 2001 through the merger of the Society of St Dismas (founded in 1962) and St Petroc Housing association (founded in 1972). Their head office is in Fareham although their services are located across the region.

Services include; outreach to people who are sleeping rough, supported accommodation (direct access hostels, move-on accommodation, and resettlement flats), day centres, community support, Housing First, mental health support and landlord support services.

Their website is:

<https://www.twosaints.org.uk/>

Or give directly at:

<https://www.justgiving.com/page/palmerston-ibc-2>

The People Page

The Ladies Team

Chris Doig, The Ladies Captain, and her management team have had a good year. Not only did they reintroduce a trial session for ladies interested in joining the team, they successfully organised the Ladies Drawn Pairs competition and hosted a Ladies Captain's Cup Day. Supported by these initiatives, the Ladies Team has gone on to achieve well in their various competitions.

The team were Top of The Riversmeet, and reached the following stages in their team competitions.,

- SEMI FINAL of the Mason Trophy
- Last four of The Yetton
- Last eight of The Vivienne

Tracy Farrington, Debbie Watts and Debbie Sowrey reached the National Finals of the Ladies Over 50 Triples.

The Palmerston Cup

The Palmerston Cup started in 2011, and runs on Sunday evenings during the winter season. It is an open competition for outdoor bowls clubs to compete against each other and to keep in touch with other members, when their outdoor club is closed. Some clubs enter two different teams, in the competition.

The clubs play against each other in a league format for most of the season, and then the top eight teams go into a knockout phase to determine the overall winner. This year Rowner Red won the tournament, with Lee in second place and Fareham Blue in third.

The County Presidents

This year, Palmerston has provided both the presidents for the county and Neil Roddick, Men's President, tells me this a unique situation.

Chris Brett, Ladies' President says, "My year as President is now drawing to a close, and it has been very enjoyable. I have played in all the Hampshire friendly games, been at all the one day events, and supported the Hampshire Atherly team

I had a presidents day, that I thoroughly enjoyed, which raised £635 for my charity, Pyjama Fairies, thanks to everyone's generosity."

<https://pyjamafairies.org/>

Why Bowls?

My home town was Worthing, once I believe to be the mecca of lawn bowling in UK. I remember every public park had a bowling green, always immaculately mowed. On my way home from school, we often took a short cut through one such park and sometimes sat and watched play.

To some extent, a kind of seed may have been sown to look into later in life. Most of my life my interest followed target shooting, which after 40 years of successful local, national and international competition, in 2010 I decided that due to work and family commitments it was time to give up.

When I retired in 2022 and finally had some time (joke), I had thought that maybe bowls might be something to pursue. Kind of similar to shooting in that you have a target to aim at, just that the projectile doesn't go in as straight a line! It was not until the summer of 2023, that visiting the Stubbington fair, where Palmerston Indoor Bowls Club had a stall to canvass for membership, I thought this is the time to see if that seed can germinate.

After completing the 4 sessions of induction and submitting my application for membership, here I am playing several times a week and enjoying the games and new friends. Thank you Palmerston.

Martin Kay



Board of Directors

The Board of Directors is responsible for club facilities, finance and legal compliance under the Companies Acts and other legislation.

Bill Jackson (Chair): Finance

Jane Dugan: Catering

Cyril Friend: Maintenance

Janet Gadd: Bar

Russell Gadd: IT

Gerry Hansford: Health & Safety

Brian Knight: Hygiene & Cleaning

Marie Leonard: Company Secretary

Bowls at Carisbrooke Castle

For years, my summers have been occupied by historic re-enactment events, with both the Sealed Knot and the Wimborne Militia. I have been a member of The Sealed Knot for forty years, reenacting battles from the English Civil War, and started out as a pikeman, in the thick of battle reenactments, before working my way up the ranks.. Now, I just stand around and talk to members of the public about history, which makes my life a lot easier and is almost as much fun as the battle reenactments.

About ten years ago, I joined the Wimborne Militia, who re-enact events from the 1685 Monmouth rebellion, looking for quieter weekends. No one expected me to step in do management or leadership things, which means I get to spend more time relaxing. With the Militia I spend most of my time talking to children, and their families, about swords – a subject that gets just about every child (no matter what age) excited. However, as a ‘red coat’ regiment, the Wimbourne Militia are often invited to portray the opposition at some of the pirate events that have sprung up in recent years. Sometimes we are supposed to be regular soldiers, while at other times we are Revenue Men dealing with a gang of smugglers.

Last summer, we were invited to Carisbrooke Castle to take part in their annual pirate festival. While there weren't really any pirates on the Isle of Wight at that time, the re-enactment is based around pirates turned smugglers, and planned in co-ordination with one of English Heritage's resident historians. We camped inside the castle for a week and built two camps, with authentic style tents, to showcase different aspects of daily life from the period and put on displays for three days. It was good fun for all of us, and we spoke to lots of families about their local and national history.

The displays were on the only open area in the castle grounds, a bowling green built for King Charles the first while he was held captive during the later days of the Civil War - so I took some old bowls with me. The ground was bumpy and covered in tufts of longer grass, which made bowling a bit of a challenge – but



that probably wasn't too different from bowling greens of the time. At that time, bowls was against the law for most people, as were many other sports, which had been banned to support archery, which was a military skill, rather than a sport. You could only bowl, officially, if you were reasonably wealthy, although many people still played bowls quietly, away from the public eye.

The rules hadn't been standardised then, that didn't really happen until after the lawn mower was invented (1830) and greens could be flattened and mowed regularly. Local bowlers decided on their own rules, and there are records of 'targets' being used like jacks, and other games where the aim was to hit your opponent's bowl. We decided to use two pieces of firewood, and bowled from one to the other with a point scored every time you touched the target, which made for an interesting, and quite enjoyable, game.

Over the space of three mornings, I played bowls with about fifty children, and a few of their parents. Which made for a pleasant start to the day. With any luck, we'll be invited back again this year, and I will be sure to take some bowls with me. Now I just need some wooden bowls ...

SOLENT MOBILITY CENTRE

We have a partnership with Solent Mobility Centre. This means that Palmerston will receive 5% back to the club of any purchases made at the Centre.

To participate members must provide the unique code '0022' when making a purchase. This is a win-win for both.

BOWLSWEAR DIRECT

Bring their roadshow to the club on a regular basis. Look out for the notices behind the desk. They can supply bowls, bowls bags, bowls shoes, accessories, clothing and all Bowls related equipment.

BOOK THE RESTAURANT FOR PRIVATE BUFFETS...

01329 232214

Debbie@djc-catering.co.uk



**** I think, therefore I ... get a headache ****

Sophie's Legacy

Last year, The President's Charity was Sophie's Legacy with collection boxes, a Bowlathon and a 'black tie' dinner dance.

Sophie was diagnosed with a rare form of childhood cancer called, Rhabdomyosarcoma, in September 2020. Despite treatment, Sophie never managed to get into remission and passed away aged 10, in September 2021, just 1 year after her diagnosis. You can still donate to her charity at <https://www.justgiving.com/page/pibc-1>.

The Bowlathon was an incredible event with Debbie Watts, the outgoing president, and her husband, Mick, bowling for twenty-four hours, ably supported throughout, by Adie ?? and members who joined in and bowled a few ends in support. It was an exceptional achievement, that raised thousands of pounds, and Debbie deserves great credit for organising it.

The Dinner Dance, which was in February and doubled as a Valentine's Day event, was a great evening, with entertainers, who came down from Blackpool, and a magnificent meal provided by the restaurant.

Sophie's Legacy campaigns for, and supports ...

- Play Specialists in Hospitals.
- Better food for children.
- Meals for parents staying with children.
- Childhood Cancer training for health professional.

Sophie's
LEGACY



Answers

Quick Quiz: 1) Ice skating: 2) Golf: 3) Brazil: 4) Foxglove: 5) Anthony Head: 6) John Hurt: 7) Snagglepuss: 8) Duran Duran: 9) Rihanna: 10) Uruguay.

Word Link: RUN(WAY)WARD; SPRING(BOARD)WALK; SEA(WATER)MELON .

Four Letter Words: airs, hair, haps, harp, hasp, hips, pair, pars, pash, phis, pias, pish, raps, rash, rasp, rips, sari, ship, shri, spar.

Riddle: An ear.

The Annual General Meeting: Saturday, 12 April 2025

The AGM was fairly straightforward this year with very few issues that arose for consideration by the membership.

However, during the Chairman’s address, our current Chairman and Financial Director (Bill Jackson), announced that he would be retiring from his roles on the Board. He has promised to work with the Board to ensure that the transition would be smooth.

Bill also cited a survey which Dolphin Indoor Bowls Club undertook of 37 indoor bowls clubs which showed that PIBC was in the top 10% of the least expensive bowls clubs, both in annual fees and the lowest for rink fees of those clubs surveyed.

We were reminded that we need to support our bar and restaurant and have been asked not to bring in our own food / drinks when the restaurant and bar are open.

The Chairman also gave his thanks to all the volunteers which keep the club running and enable us to be productive. *Anyone wishing to help as a volunteer should speak to Marie (Leonard)*

The Treasurer’s report highlighted that, whilst the bar improved its gross profit margin, sales were still down over pre-covid figures, and there was a loss of £3,000 this year. Bill pointed out that it was a marked improvement over the previous year’s £8,000 loss.

The question was raised asking for clarification on how the savings have been achieved. Marie (Leonard) has taken over responsibility for the bar and Bar Steward, Mary, is always competitively shopping around for the best prices for stock, which has contributed to the improvement.

The Chairman pointed out that to maintain the bar, at the moment, requires approximately a £4 subsidy from each member, which comes out of the membership fee.

There were three (3) proposals that were voted on as follows:

Subscriptions (£95 for full members / £30 for social members) and rink fees (£2.50 for a 2-hour session and £4.00 for a 4-hour session) remain the same. **This was passed unanimously**

PIBC retain the services of the accountants: Azets, Carnac Place, Cams Hall Estate, Fareham, and

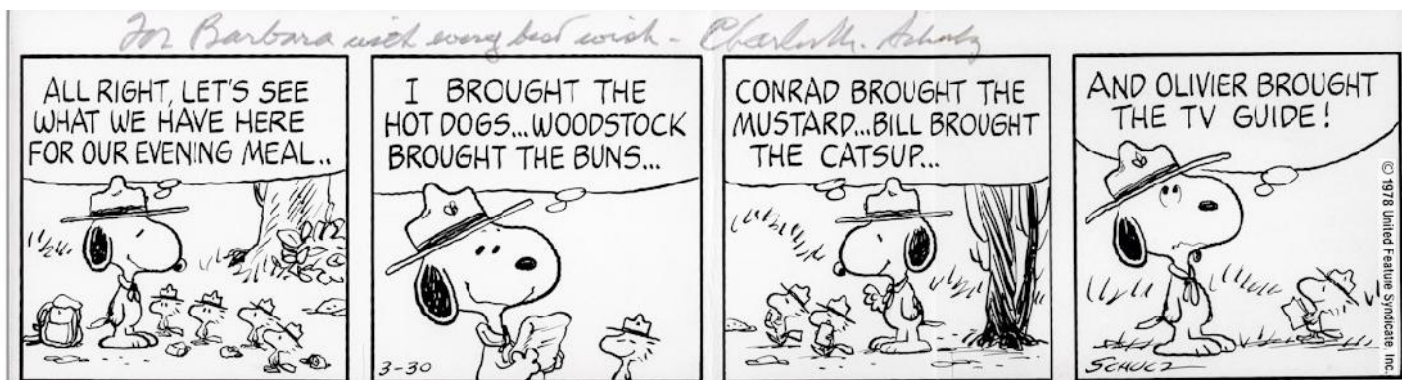
A change to the current league and competition rule of the definition on “casting the jack” – the current wording is that the jack needs to be cast & centred before the bell sounds, but the proposal was to change it “the jack has been cast” (which will now mirror the standard Bowls regulations).

Debbie Watts completed her tenure as President, thanking both of her vice-presidents, Maureen Tomlinson and Adi Booth (who will now be starting his tenure as president). She also thanked Debbie Chamberlain and the kitchen staff as well as the bar staff for all their support throughout.

All the Club Officers who were standing uncontested were voted in unanimously. There was one contested position, men’s vice-president, with both Phil Hawkes and John Bailey standing for the position. The members present, along with the proxy votes, were counted and Phil Hawkes was selected as the new men’s vice-president.

At the end of the meeting, one of our members asked if the papers for next year’s AGM be put on the website so that there was time to read through everything more easily. Another member suggested that the papers could also be emailed to the members.

It was agreed that this would be done for the next AGM, scheduled for Saturday, 28 March 2026.



Health and Safety Reminders

Report accidents and incidents

Please continue to report accidents and incidents immediately even if no injury has occurred – it is important that the club is aware of potential safety issues.

The on-duty steward can help complete the accident book which is kept behind reception and a First aid kit is also kept at reception for treating minor injuries.

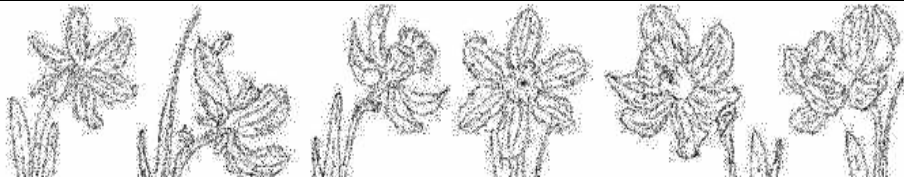
A defibrator is provided behind rinks 1 and 2 next to the entrance way - Instructions are provided by the defibrator unit itself when it is used.

Fire safety

I wanted to thank those of you who took part in the recent fire drill which was conducted in an efficient manner with guidance from the steward. The club is legally obligated to undertake fire drills at least annually, so intend to repeat the exercise next year.

If you bring guests into Palmerston, or are hosting a match, please point out the emergency exits and assembly point at the far side of the car park to them.

If you have any feedback from the fire drill, or you have any health and safety concerns, please let a steward or club officer know or email me



Quick Quiz

- 1) In which sport might you perform a double axel and a lutz?
- 2) Which sport would you associate with Iain Poulter?
- 3) From which country does the Lambada dance originate?
- 4) Which wildflower has the Latin name 'Digitalis'?
- 5) Who went from drinking Gold Blend to starring in "Buffy the Vampire Slayer"?
- 6) Who played Mr Ollivander in the Harry Potter series, Kane in Alien and Quentin Crisp in The Naked Civil Servant?
- 7) Which cartoon lion's catchphrase was "Heavens to Murgatroyd"?
- 8) Which 80's band released the album "Seven and the Ragged Tiger"?
- 9) Whose singles are these? Take a Bow, Rude Boy & We found love?
- 10) Which country staged the first ever football world cup held in 1930?

'Spring'

William Blake (1789)

Sound the flute!
 Now it's mute!
 Bird's delight,
 Day and night,
 Nightingale,
 In the dale,
 Lark in sky,
 Merrily,
 Merrily merrily,
 to welcome in the year.

Little boy,
 Full of joy;
 Little girl,
 Sweet and small;
 Cock does crow,
 So do you;
 Merry voice,
 Infant noise;
 Merrily, merrily,
 to welcome in the year.

Little lamb,
 Here I am;
 Come and lick
 My white neck;
 Let me pull
 Your soft wool;
 Let me kiss
 Your soft face;
 Merrily, merrily,
 to welcome in the year.



Summer Evening Mixed Drives

Due to the success of Maggie and Pete’s evening sessions, we will run a second Mixed Drive on Monday evenings. However, this will only continue if BOTH drives are supported by members showing up and playing. Should either session fail to prove financially viable, the Monday session will be discontinued. The Mixed drive evening sessions will start on:

MONDAY 14TH APRIL 2025

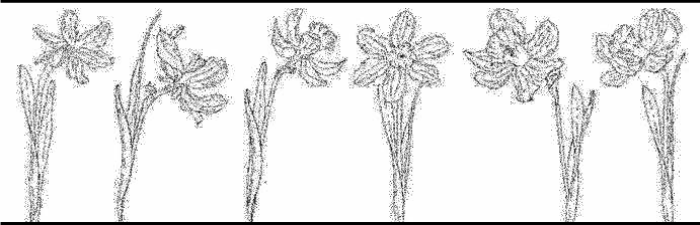
WEDNESDAY 16TH APRIL 2025

Everyone is welcome.

Please arrive before 6.15 pm to enable us to be ready for 6.30 pm start. Each drive is played for twelve ends, or to the bell.

These sessions are relaxed, dress is casual, music will be played and the bar will be open.

Come along enjoy yourselves with friends and make some new ones.



Easter in the hen house ...

A rooster wakes up early Easter Sunday morning. He sticks his head out of the chicken coop, and sees all these multicolored eggs all over the barnyard. He takes a look at the eggs, takes a look at the hens, takes another look at the eggs, takes one more look at the hens, he thinks about it for a minute, then he walks across the barnyard and knocks the stuffing out of the peacock.



Brain Teasers

Four Letter Words: How many four-letter words can you make from the letter line below? No names, just four-letter English words.

PARISH

Word Links: Find the words that fit between each pair of words to create two new words?

RUN, WARD
SPRING, WALK
SEA, MELON

Riddle:

My timpani play a rhythmic song,
With hammer on anvil I play along.
Down my canal no ship sets course,
And I have a stirrup that fits no horse.
What am I?



Word Search

- Bird
- Lamb
- Bud
- Net
- Egg
- Rain
- Flower
- Spring



NOTES AND REMINDERS

Please be aware that you are not supposed to go from the lounge area to the rink area to bowl until the previous players have completely left the rink area.

Car Park, please ensure that you enter and exit the car park in the correct manner, no cutting corners.

Have you, changed your phone number, address, or email if so, please can you inform Lesley Howell to enable her to keep her records up to date.

Car Stickers, Have, you changed your car, do you need a car sticker just ask at the Stewards desk.

Ditches, please do not step into the ditches As this breaks off the rubber spikes. One hand on the bank and remove the bowl from the ditch with the other hand.

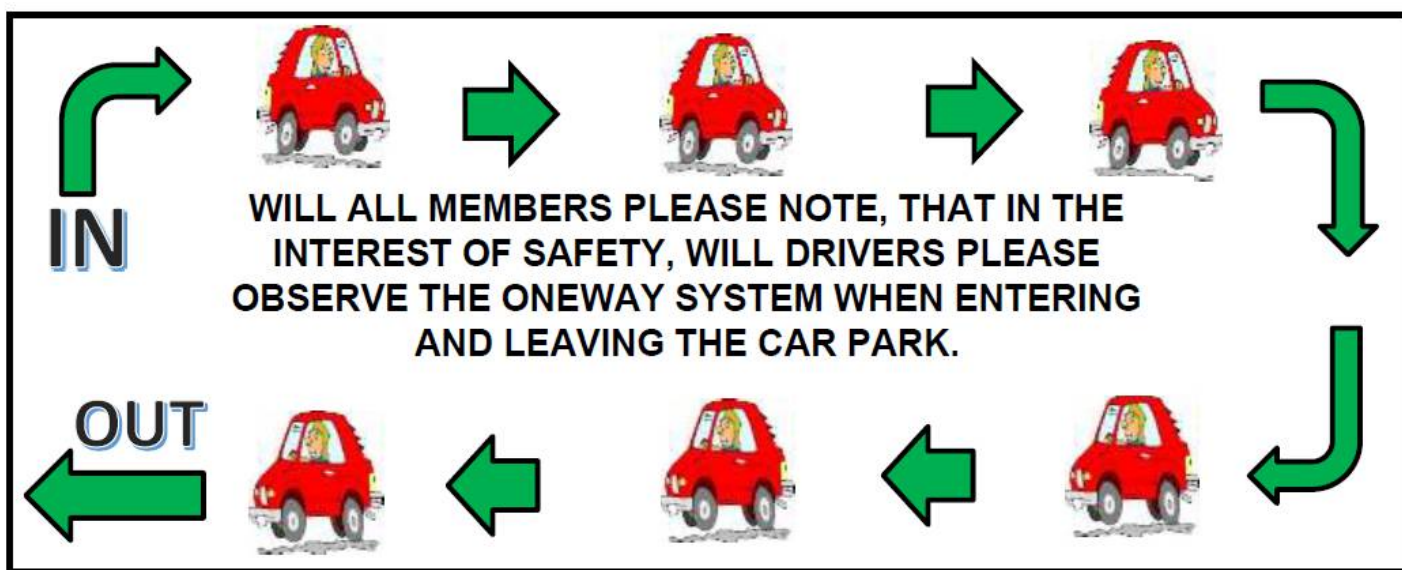
Chewing Gum, please refrain from chewing gum whilst bowling as gum has been found on the green and is difficult to remove and it damages the carpet.

Walking Across the Field, A small reminder that if you walk across the field, please ensure that the bottom of your shoe is completely clean prior to entering the club as we have had a couple of instances of grass and mud being trod onto the carpet.

Score Cards, please ensure that when you fill in your card that you have the player's full name or initial and surname on the card, please also ensure that you put the scores on the sheet that is up on the wall next to the bar.

Mobile Phones: please switch off your phone when you come into the club or at least put it on to silent mode.

Please ensure that you use the One-Way system in the carpark. You must drive around the carpark in the right direction, even if you want to park immediately in front of the building.



Let us know what you think of Palm Reader? Can it be improved?
media@palmerston-bowls.club

CRIBBAGE



CRIB DATES 2025/6 **WEDNESDAYS 2pm**

Wednesday 10th September

Wednesday 24th September

Wednesday 8th October

Wednesday 22nd October

Wednesday 5th November

Wednesday 19th November

Wednesday 3rd December

Wednesday 7th January

Wednesday 21st January

Wednesday 4th February

Wednesday 18th February

Wednesday 4th March

Wednesday 18th March